

September Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
No School Labor Day 1	English Muffin with Turkey, Egg and Cheese Fresh Apples 2	Waffles with Syrup Fresh Local Nectarines 3	Breakfast Burrito 100% Pineapple Juice and Fresh Pineapples 4	Bagel with Cream Cheese Fresh Local Peach 5
Hip Hops Apple Smash with String Cheese Fresh Pears 8	Omelet with Cheese Fresh Apples 9	Pancakes with Syrup Fresh Local Nectarines 10	English Muffin with Egg and Cheese 100% Pineapple Juice and Fresh Pineapples 11	Apple Cinna-Grins Cereal Fresh Local Peach 12
Zac Omega Bar Strawberry Fresh Pears 15	Pancakes with Syrup Fresh Local Apples 16	Breakfast Burrito Fresh Orange 17	Waffles with Syrup 100% Pineapple Juice and Fresh Pineapples 18	Banana Muffin Fresh Banana 19
Kashi Honey Sunshine Cereal and a Mini Dipperdoodle Fresh Pears 22	English Muffin with Turkey, Egg and Cheese Fresh Local Apples 23	Omelet with Cheese Fresh Orange 24	Breakfast Burrito 100% Pineapple Juice and Fresh Pineapples 25	Dipperdoodle Bar Fresh Banana 26
Zac Omega Bar Strawberry Fresh Pears 29	English Muffin with Turkey and Cheese Fresh Local Apples 30	Growing Healthy Schools Week! September 29th- October 3		World School Milk Day Sept 25th!!



Breakfast: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (V) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

real food for all™